



Coptic Orthodox Patriarchate



ST MARK'S C.O.C

"So then, they are no longer two but one flesh."

(Matthew 19:6)

Marriage Preparation Course

Spring 2021

Spring Session classes will be held every Sunday via Zoom.

Register online at <https://stmarkstoronto.ca/marriage>



Spring 2021 Schedule



During this interactive course, participants will study the following interesting topics:

Sun, March 14	4:00 – 5:00 pm	Stress Test Measuring Relationship Health
	5:15 – 6:15 pm	Leave & Cleave The Biblical Basis of Marriage
Sun, March 21	4:00 – 5:00 pm	Men are from Mars, Women are from Venus Psychology of Partners
	5:15 – 6:15 pm	The Head, the Heart & the Helpmate Playing our Roles and Assuming our Responsibilities
Sun, March 28	4:00 – 5:00 pm	Walking the Talk Communication Skills & Languages of Love
	5:15 – 6:15 pm	Intimacy Sanctified! How to hold Marriage in Honor and keep the Bed Pure
Sun, April 04	4:00 – 5:00 pm	Pointing Fingers Techniques of Conflict Management
	5:15 – 6:15 pm	United we Stand, Divided We Bank? Managing our Homes Financially
Sun, April 11	4:00 – 5:00 pm	Outlawed by the In-laws Maintaining Healthy Relations with our In-laws
	5:15 – 6:15 pm	Say Yes to the Dress (and the stress) Wedding Preparations: Spiritual & Administrative Recommended Medical Examinations before Marriage
Sun, April 18	4:00 – 5:00 pm	Build Your House on The Rock Family Altar: Spiritual Practices at Home
	5:15 – 6:15 pm	The One Year Long Honeymoon Challenges of First Year of Marriage

For further inquires, please contact Fr. Ammonius or the Cathedral Secretary (416-800-5500 x211).