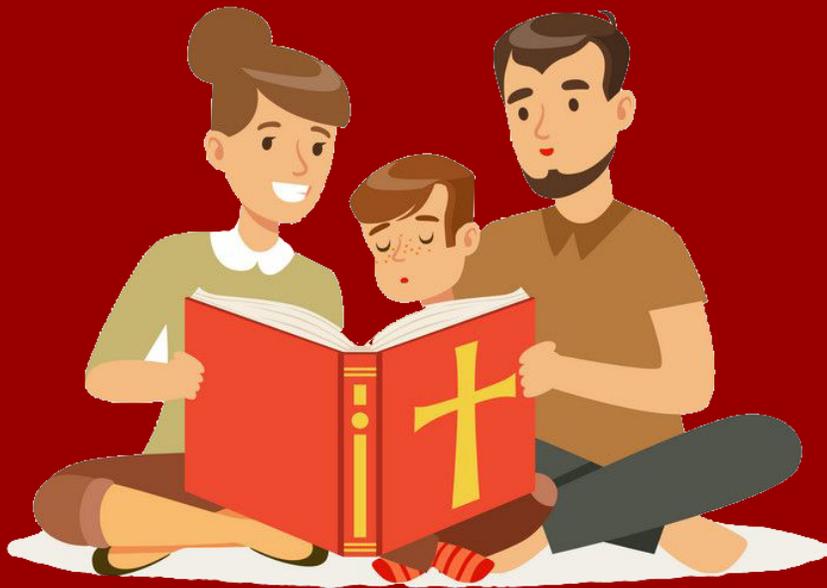


✠ My BFT ✠

My Bible Family Time



TRAIN UP A CHILD IN THE
WAY HE SHOULD GO- EVEN
WHEN HE IS OLD HE WILL NOT
DEPART FROM IT.

Proverbs 22:6



It is a great opportunity to spend time with your kids daily reading God's word.

To help you do that, the Children's Ministry has prepared a weekly activity booklet. It starts with the Sunday Gospels of the Lent.

Each Gospel will be divided so that you and your children are able to meditate on one Gospel reading throughout the week.

In addition there will be various activities, a challenge and a daily fact.

You can choose to do it digitally or print it out.

✠ God bless you ✠

Lent

Week 1: "Get ready for the Journey"

Reading: (Matthew 6: 1-18)

Giving- Prayer- Fasting

Adventure 1: (Matthew 6: 1-4)

You need your bible.

(Matthew 6:1)

"Take heed that you do not do your charitable before
....., to be seen by them. Otherwise you have no from
your Father in heaven."

(Matthew 6:2)

What do hypocrites do and why do they do that?

.....

Would you do like the hypocrites? Why?

.....

(Matthew 6:3)

"But when you do a charitable, do not let your
..... hand know what your hand is doing,"

What does this mean?.....

(Matthew 6:4)

"4 that your charitable deed may be in; and your Father
who sees in secret will Himself you openly."

Why does the bible say, "that your charitable deed may be in
secret"?

.....
.....
.....

Hidden Pictures Jesus Taught About Giving

Find each of these items hidden in the picture : comb, envelope, cup,
thumbtack, triangle, spoon, boomerang, pretzel, Easter egg and a slice
of bread. When you find all the items you may color the picture.



Challenge:

Share something you love with a family member.

Like a toy or some candy

Fact: Your only saviour is Jesus Christ ✝

Adventure 2: (Matthew 6: 5-7)

(Matthew 6:5)

5 "And when you pray, you... .. like the hypocrites. For they love to pray in the synagogues and on the corners of the, that they may be seen by..... Assuredly, I say to you, they have their reward."

Why do you think hypocrites pray?.....

Why do you pray?.....

(Matthew 6:6)

"6 But you, when you, go into your, and when you have your door, pray to your..... who is in the secret place; and your Father who sees in secret willreward you openly. "

What should you do when you pray?

.....

Why?

.....

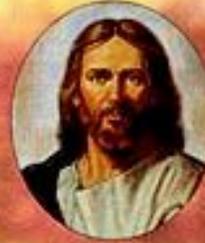
(Matthew 6:7)

"7 And when you pray, do not use vain repetitions as the heathen do. For they think that they will be heard for their words."

What does vain mean?.....

When will prayer be in vain?.....

I Can Pray



Pray always
(Doctrine & Covenants 10:5)



For those who are sick



For those who are hungry



For those who suffer from war



Heavenly Father hears my prayers for others.

For those who _____

Challenge

*Praise God for who He is
pray for someone who is sick*

Fact: We use three fingers to do the sign of the cross. They represent that the Father, the Son and the Holy Spirit are one ✚

Adventure 3: (Matthew 6: 8-15)

8 "Therefore do not be like them. For your Father knows the things you have need of before you ask Him. 9 In this manner, therefore, pray:

Our in heaven,
Hallowed be Your name.
Your kingdom
Your be done
On earth as it is in heaven.
Give us this day our daily.....
And us our trespasses,,
As we those who trespass against us.
And do not lead us into temptation,
But..... us from the evil one.

[d]For Yours is the..... and the and theforever.

Amen.

14 "For if you forgive their trespasses, your heavenly Father will also forgive 15 But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

What is your favourite part of "The Lord's Prayer"?

.....

Why?.....

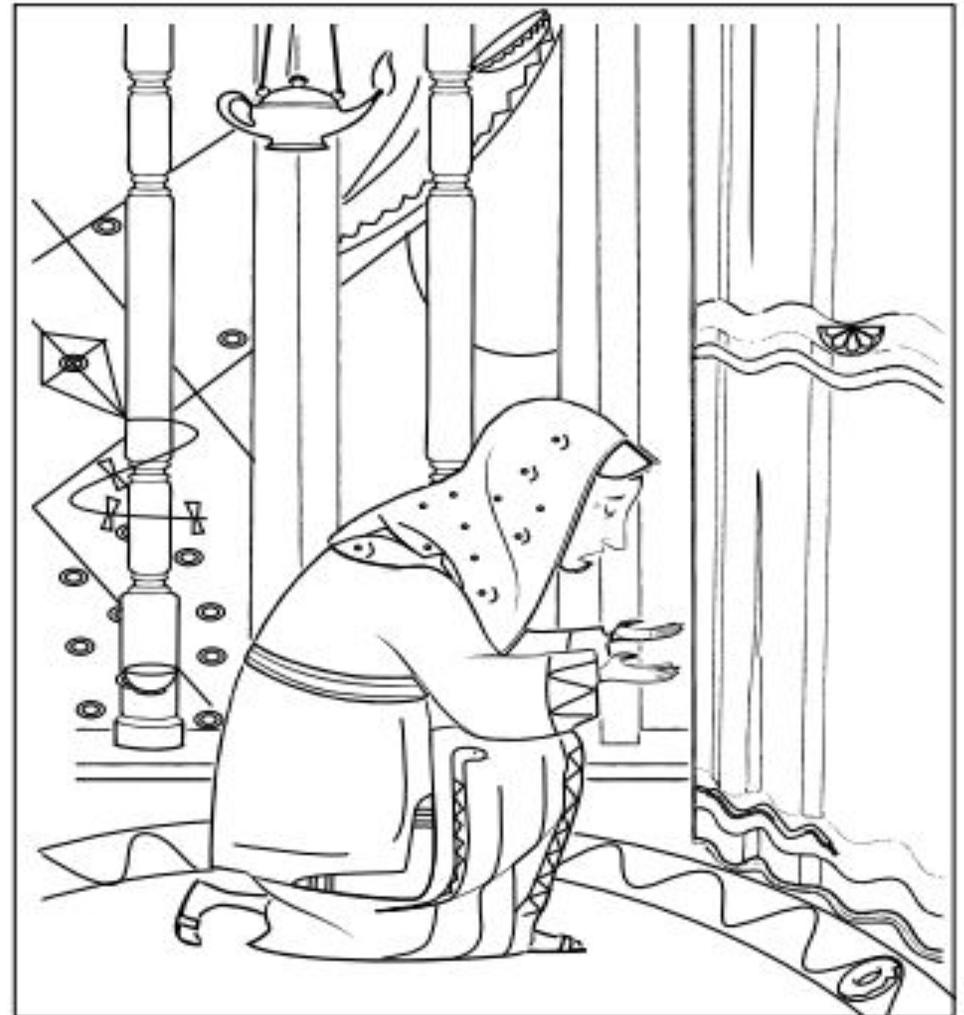
How should I confess my wrong actions?

.....

.....

Hidden Pictures in Hannah Prayed For a Son

Find these things which are hidden in the picture. Find the boomerang, bowl, cup, donut, fish, kite, orange slice, shoe lace and snake



Challenge

Confess something to God that you feel bad about.

Fact: Jesus saved you to give you an everlasting joy ✦

Adventure 3: (Matthew 6: 16-18) Fasting

(Matthew 6:16)

16 "Moreover, when you, do not be like the hypocrites, with a countenance. For they disfigure their faces that they may appear toto be fasting. Assuredly, I say to you, they have their.....

Do you think God likes "show off"? Why?.....

.....
.....
.....

(Matthew 6:17-18)

"17 But you, when you fast, anoint your head and your face, 18 so that you do not appear to to be fasting, but to your Father who is in the place; and your Father who sees in secret will you openly."

How should you act when you fast?

.....

Why do we fast?

.....

Fasting!

Encourage your children to Fast something that is truly a sacrifice for them! Here are a few ideas...



Desserts



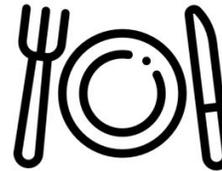
Soda



Gadgets



TV



Favourite food



Video games

Challenge

Fast from candy
Fast from a bad habit

Fact: Only Jesus Christ can save us †

Extra Fun!!

Jesus Taught About Giving Secret Code

Each number stands for a letter of the alphabet. Write the correct letter in the blank to find the coded words.

16 15 15 18

23 9 4 15 23

7 9 6 20

3 15 9 14 19

20 5 13 16 12 5

Code key

A 1	J 10	S 19
B 2	K 11	T 20
C 3	L 12	U 21
D 4	M 13	V 22
E 5	N 14	W 23
F 6	O 15	X 24
G 7	P 16	Y 25
H 8	Q 17	Z 26
I 9	R 18	

GOD LOVES A CHEERFUL _____ .
7 9 22 5 18

✦ Free Draw ✦